

Dear PUWMAS community,

We want to acknowledge the pain, heartbreak, terror, and feelings of helplessness that we, in particular Black members of our community, are facing at the moment. We, as an organization, stand in solidarity with you and are committed to doing our part to fight the systematic racism built into our country, school, and physics community in whatever ways that we can. To those of you who can, we encourage you to call, donate, and vote for change.

We'd like to outline some specific actions items that you can expect us to uphold, particularly as we transition into the next academic year. We've also linked some resources below for standing up against racism and educating yourself (particularly for non-Black allies) on racism in the US and in the physics community specifically, as well as some mental health resources for people of color at this time.

PUWMAS has always sought to be an inclusive and intersectional group, and we have developed these specific action items for the future to directly support Black members of our community:

- increase Black visibility in the physics department by leading discussions on racism and discrimination in physics and provide a platform for Black students to voice their concerns
- foster a more inclusive environment for people of color who do not fit into our specific demographic (i.e. who may or may not be women or gender minorities)
- lead intersectional discussions and workshops regarding race, socioeconomic diversity, and how these relate to our Stanford and physics experiences

If you have any additional resources you would like us to include, questions, or suggestions, please contact us at puwmas_officers19-20@lists.stanford.edu.

Template Letter to advocate for academic accommodations at this time:
bit.ly/emailurprof

Resources to stand up against racism/educate yourself:

- Ways to Help: <https://blacklivesmatters.carrd.co/>
- [Anti-racism Resources](#)
- [A Guide to Allyship](#)
- <https://linktr.ee/donatetobails>
- [More Ways to Help](#)
- <https://library.stanford.edu/guides/protests-and-demonstrations>
- [protest safely: Vice](#)

Physics-specific resources:

- <https://medium.com/@chanda>
- <http://astronomyincolor.blogspot.com/>
- <https://www.nsbp.org/>
- <https://www.aps.org/programs/minorities/resources/index.cfm>
- <https://eijc.fas.harvard.edu/useful-resources>
- https://books.google.com/books/about/Teaching_Science_for_Social_Justice.html?id=aQhrDwAAQBAJ

Mental Health resources for people of color (Stanford and non-Stanford):

- <https://www.sistaafya.com/resources-information>
- <https://www.healhaus.com/offerings/>
- https://linktr.ee/decolonizingtherapy?fbclid=IwAR2_58Wb4K80q3m4Ktg-0uOMd3_3xb1wZydvJydD1qsmYXLs6iniU5p7wZY
- <https://vaden.stanford.edu/health-resources/mental-health>

In Solidarity Now and Always,
Your PUWMAS Officers 2019-20