

Owning Your Career @ Stanford: A Roadmap to Your Success!

(STAP fund eligible, including those in layoff status on payroll)

Do you want to be the **Driver of Your Career at Stanford**? Whether you are interested in enriching your current position or planning your next Stanford career move, this comprehensive Career Management Program offered by the Office of Staff Employment is for you.

- ✓ Begin with an invigorating **3 1/2 Hour Seminar** in which we explore answers to the following questions:
 - What energizes me and how can I best use my skills & talents?
 - How do I navigate my career at Stanford?
 - What tips/techniques are a must for resumes and interviewing?
 - What are the latest technologies for networking?
 - You'll also walk away with:
 1. A Career Roadmap and Action Plan
 2. Many take home Resources and Tools
 3. Book: "Love it, Don't Leave it: 26 Ways to Get What You Want at Work" by Beverley Kaye
- ✓ In addition, you will be able to schedule two comprehensive **One-on-One Sessions** with an OSE Staffing Consultant to discuss career topics of your choice
- ✓ Invitations to **Semi-Monthly Brown Bag** Lunch Sessions with compelling career topics and collegial support

Enroll in STARS: Course OSE-1140; Fee: \$245 (STAP approved)

Upcoming Sessions:

Date: Thursday, October 29th

Time: 8:30-noon

Location: 427 Arguello Classrooms and Computer Labs, Room 105

Date: Tuesday, November 10th

Time: 8:30-noon

Location: 427 Arguello Classrooms and Computer Labs, Room 105

Date: Thursday, November 19th

Time: 8:30-noon

Location: 427 Arguello Classrooms and Computer Labs, Room 105

For more information, please contact: Jeanette Lindsay, 723-4075, lindsay2@stanford.edu